

# the Joy of Sponsorship

## ***How and why would I sponsor someone in AA?***

Alcoholics Anonymous began with sponsorship. When Bill W., only a few months sober, was stricken with a powerful urge to drink this thought came to him: ***“You need another alcoholic to talk to. You need another alcoholic just as much as they need you”***

Sponsorship strengthens both member’s sobriety. The act of sharing sobriety makes it easier for a member to live without alcohol. By helping others, alcoholics find that they help themselves.

Sponsorship also offers the satisfaction that comes from helping someone other than oneself. In a very real sense it fills the need, felt by most human beings, to help others over rough spots

Sponsorship is unwritten and informal, but it is a basic part of the A.A. approach to recovery from alcoholism through the Twelve Steps

The South Midlands Intergroup is pleased to announce that they will be hosting a sponsorship workshop on **10th November 2019 from 12:00 to 2:00pm**. The venue is :

**St Margaret's Institute, 30 Polstead Road, Oxford, OX2 6TN**

The workshop will consist of a four member panel (two women and two men) who will offer insight into their experience sponsoring others in our program.

There will be an interactive session on Step One.

There will also be a question and answer period to allow you to ask pertinent questions about real life situations you have encountered.

Refreshments will be served to include sandwiches.

The workshop will be followed by the South Midlands Intergroup quarterly meeting, we suggest you remain to attend this vital service assembly

**RSVP is required** as space is limited so ensure you contact:

Tim M at **07917 035306** by phone or text or email at [pi.smidlands@aamail.org](mailto:pi.smidlands@aamail.org)